



FEDERAZIONE
ITALIANA
SPORT
ORIENTAMENTO



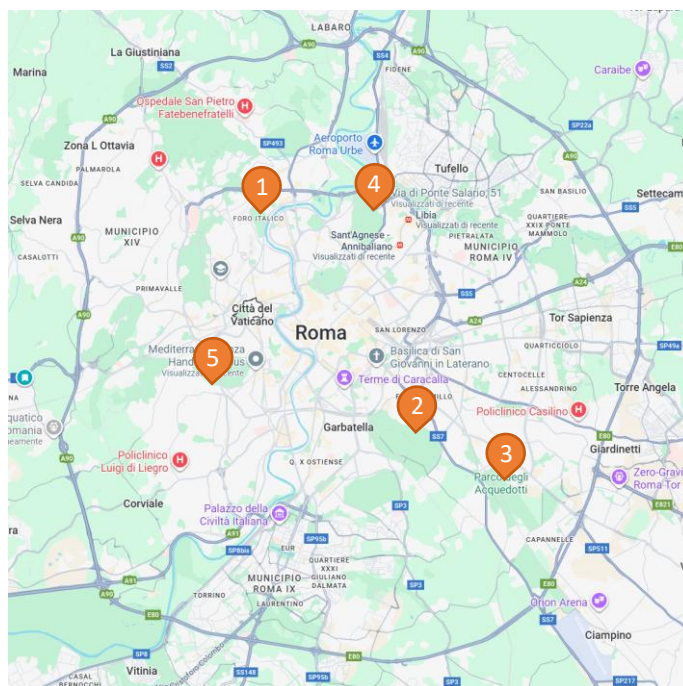
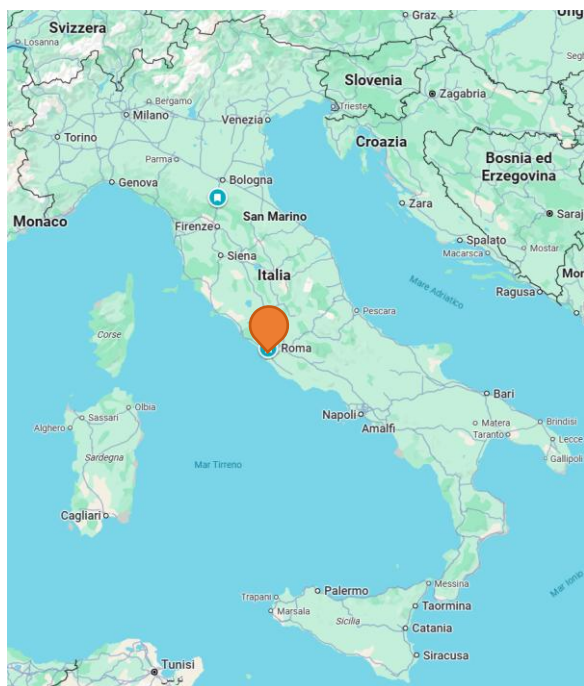
Aeterna Roma Run-Orienteering Week 2026

Bulletin 1 ver.0923

FISO – Italian Orienteering Federation is proud to welcome you to Rome – the “Eternal City” – in this 5-day orienteering event featuring competitions in the historical parks of Parco dell’Appia Antica, Villa Doria Pamphilj and Villa Ada Savoia.

Please refer to the event’s website <https://www.arrte.it> and for any further specific information about the events.

WHEREABOUTS AND PROGRAMME



1. **Wed 4 Nov 2026 AFTERNOON (first start 14:00)**
Foro Italico, Stadio dei Marmi - *viale Paolo Boselli*
GPS [41.933666, 12.458106](#)
2. **Thu 5 Nov 2026 AFTERNOON (first start 14:00)**
Parco della Caffarella, Vigna Cardinali - *viale Mario Leigheb*
GPS [41.867097, 12.524007](#)
3. **Fri 6 Nov 2026 AFTERNOON (first start 14:00)**
Parco degli Acquadotti - *via Lemonia / viale Appio Claudio*
GPS [41.851280, 12.558818](#)
4. **Sat 7 Nov 2026 MORNING (first start 10:00)**
Villa Ada Savoia, laghetto - *piazza Nelson Mandela*
GPS [41.934823, 12.504740](#)
5. **Sun 8 Nov 2026 MORNING (first start 10:00)**
Villa Doria Pamphilj - *viale della Nocetta 30*
GPS [41.880426, 12.437612](#)



Please refer to “Embargoed Areas” section of this document in order to check the competition areas that are prohibited to enter for potential competitors



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TRAVEL

Please note that no transport to or from the competition is provided by the organisers.

- By air – Rome Fiumicino and Rome Ciampino
- By rail – Roma Termini and Tiburtina are the main train stations.
- By local transport – Metro A and Metro B lines run closer to some of the competition areas
Please refer to local transport website for bus connections and more <https://www.atac.roma.it/en/home>
- By car – parking spots are not so easy to find in the area, we recommend the use of public transport

COMPETITION FORMAT, WINNING TIME, PUNCHING SYSTEM

Day 1 prologue: prolonged sprint distance competition (15-20' winning time)

Day 2 prologue: score competition (30' maximum allowed time)

Day 3: prolonged sprint distance competition (15-20' winning time)

Day 4: middle distance competition (30-35' winning time)

Day 5: middle distance competition (30-35' winning time)

- Sport-Ident Air+ punching system is being used. Only normal SI-card are available for rent

MAPS AND TERRAIN

Foro Italico: a real sport citadel inside the city, featuring the Stadium of Marbles, the Olympic stadium, the Olympic aquatics centre, the Stadio Centrale tennis court, the Italian Olympic Committee headquarter and the Sport University. The terrain is mainly asphalt with some gardens, sport fields and monuments, all with a negligible climb.

Map scale 1:4.000, 2m contours, ISSprOM 2019-2 standard, made in 2026

Parco della Caffarella: though it is located less than 2 kilometres from the core of the city, Caffarella Park offers countryside views with mainly open areas, scattered trees and canopies, along with thicker vegetation areas on a quite hilly surface. Its area is included in the Appia Antica Regional Park and hosts a variety of archaeological treasures.

Map scale 1:7.500, 5m contours, ISOM 2017-2 standard, made in 2007-2022 by Remo Madella, revised in 2026

Latest used map: <https://www.livelox.com/Events/Show/43768/Ogni-Parco-un-Avventura-3>

Parco degli Acquadotti: one of the most characteristic “green” places in Rome, two lines of aqueducts run along the extension of this park included in the Appia Antica Regional Park. Quite flat in its morphology, the dominant vegetation type is pine trees, with many other scattered trees. Ruins and other remnants of Roman buildings can be found here and there.

Map scale 1:4.000, 2m contours, ISSprOM 2019-2, made in 2019 by Remo Madella, revised in 2026

Latest used map: <https://www.livelox.com/Events/Show/127159/i-Sabati-dell-Orsa-2024-7>

Villa Ada Savoia: it's the wildest among of all the “Villas” in Rome, this park offers a variety of different terrain types, all in one. The eastern half reminds other monumental parks, such as Villa Doria Pamphilj, whilst the western part presents itself with wider areas with forest and thick vegetation (mostly impassable or very slow) and a maze of narrow paths, with moderate slopes and few microdetails, too.



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Map scale 1:7.500/1:10.000, 5m contours, ISOM 2017-2 standard, made in feb.2026 by Augusto Cavazzani

Previous ISSprOM map: https://www.pierregillain.be/Doma/show_map.php?user=pg&map=191

Villa Doria Pamphili: monumental park with areas of open land, old pine trees and thicker mediterranean vegetation. Wide network of paths, both large and narrow. Climb is reduced, though some steep slope are still found. Terrain morphology is often simple. Runnability of the terrain varies from very fast to slow in the areas with the most intricate vegetation and undergrowth.

Map scale 1:7.500/1:10.000, 5m contours, ISOM 2017-2 standard, made in feb.2026 by Augusto Cavazzani

Previous ISSprOM map: https://www.viborgok.dk/DOMA/show_map.php?user=Stig+Barrett&map=1579

CLASSES

- Junior Classes: M/W 10- | 12- | 13-14 | 15-16 | 17-18 | 19-20
- Senior Classes: M/W ELITE | A | B
- Master Classes: M/W 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 81+
- Open Classes: WHITE (beginners) – RED (intermediate) – BLACK (advanced)

ENTRIES

- Both FISO members and members of foreign federations must register for the events through the ORIENS website: <https://oriens.welldan.it/index.php?menu=7&id=13>
- Athletes from foreign federations can register either as a club or as individuals (the individual option is available for single entries or small groups up to 6 people). FISO athletes can register as a club only.
- Once you have registered for all or selected stages of the event, you will need to submit a payment request on the ORIENS website, proceed with the bank transfer and wait for it to be approved by the Registration Office. You will receive an automatic email notification once the payment has been validated, and the receipt will be available directly on the ORIENS website.

ENTRY FEES AND DEADLINES

SENIOR / MASTER CLASSES	All 5 events	Day 1	Day 2	Day 3	Day 4	Day 5
On or before 29 August	90 €	12 €	12 €	20 €	25 €	25 €
On or before 11 October	110€	15 €	15 €	25 €	30 €	30 €
On or before 25 October	130€	18 €	18 €	30 €	35 €	35 €

JUNIOR / OPEN CLASSES	All 5 events	Day 1	Day 2	Day 3	Day 4	Day 5
On or before 29 August	50 €	8 €	8 €	12 €	12 €	12 €
On or before 11 October	60 €	10 €	10 €	15 €	15 €	15 €
On or before 25 October	80€	12 €	12 €	20 €	20 €	20 €

- SI-card rental 3€/day (only normal SI-card are available)



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- **PAYMENT DETAILS**

iban IT40I0830401807000007395412
owner FEDERAZIONE ITALIANA SPORT ORIENTAMENTO
bank Banca per il Trentino Alto Adige
BIC/SWIFT CCRTIT2T76A
notes Please include the payment ID assigned to you by the online entry system and the club or the individual names of the competitors covered by the payment

ACCOMMODATION AND FOOD

No accommodation or catering is included in the entry fee.

Booking and catering options can be requested by email to: accommodation@arrte.it

VISAS

Check requirements to enter Italy: <https://vistoperitalia.esteri.it/?lang=en>

WEATHER (NOVEMBER AVERAGE)

Typically 8-17° C, 30% chance of rain

TRAINING OPPORTUNITIES

No formal training provided, though you may want to re-run past trainings and competitions that are published on <https://www.livelox.com/?tab=allEvents&timePeriod=allTime&country=ITA&q=ASD%20Orsa%20Maggiore&sorting=time>. Please contact the Event Director for other advices on suitable training areas and maps in Rome.

ORGANISATION AND CONTACTS

Event Director: Daniele Guardini
IOF Event Adviser: Francesco Giandomenico
Map Makers: Augusto Cavazzani / Lorenzo Landi / Remo Madella
Course planners: Stefano Zarfati
Course controllers: Lorenzo Landi / Giacomo Cataldo

Contact: +393290954604 info@arrte.it

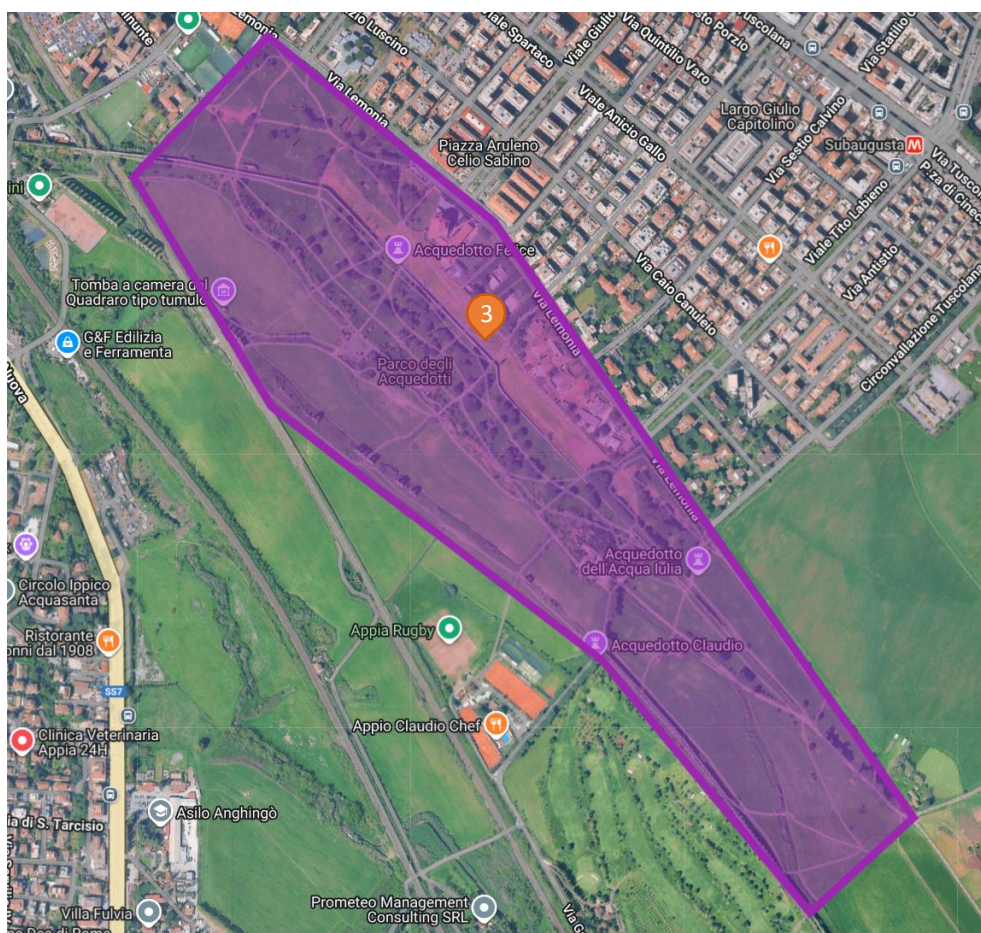
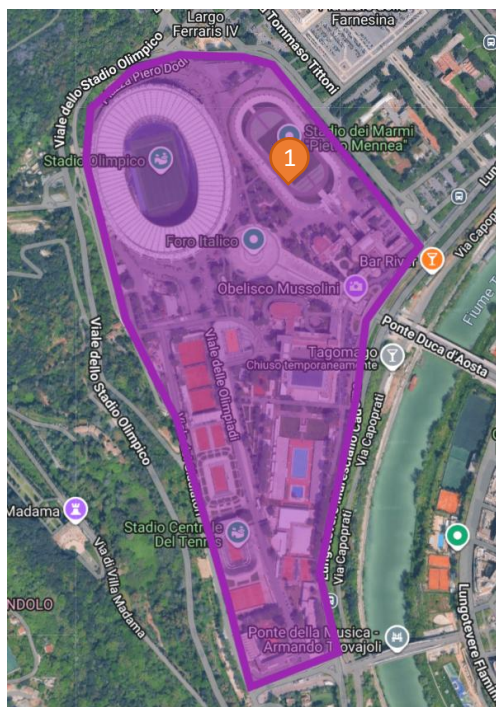


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EMBARGOED AREAS





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